

The BSU @Bishops College Strong Mothers – Strong Sons

the online course for mothers of teenage boys

presented by Psychologist Megan de Beyer
& guest speaker Peter Farlam

The ONLINE course presented by Megan de Beyer, runs over 7 HOURS and includes lectures, practical tips, worksheets, notes and time for questions. You will be sent the link to join once you register and pay.

The topics covered are:

Tues 4th May – 11am to 12pm

Understanding what it means to be a teen, the struggle for identity.

Thurs 6th May – 11am to 12pm

The impact of the pandemic on the family.
The role of a mother in a son's life.

Tues 11th May – 11am to 12pm

Masculinity, gender differences and testosterone defines a male.

Tues 18th May – 11am to 12pm

Sex, drugs, parties and social media – how to mentor.

Tues 25th May – 11am to 12pm

Conscious parenting, good relationships in the family & Q/A.

Thurs 27th May – 11am to 12pm

Tackling boys' emotions, yours and his; (anxiety & anger).

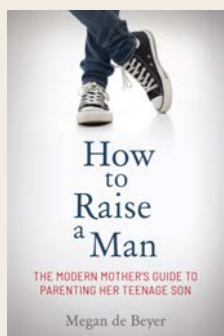
Tues 1st June – 11am to 12pm

TBC Bonus session.

For any queries email: jgabriels@bishops.org.za.

[Click here to register for this online course](#)

"I benefited from this programme enormously. It has taken away the fear of parenting a teenager. I have learnt new skills for dealing with my two teen boys and have clarified my role as a mother. Megan's style and approach make it easier to understand." Michaelhouse Mother. "Thank you so much for the wonderful parenting workshop today. I have come away full of knowledge and inspired to look at my parenting from a slightly different perspective. I am so pleased to have attended." Karen (Jersey, UK) - 2012



Megan de Beyer, MA (Psychology), MSc (Holistic Ecology) is an international Psychologist and group facilitator. She has facilitated many successful and well-subscribed Mothers and Sons courses at most Independent boys' school in South Africa. She has been invited to California, Australia and UK; as well as presenting at conferences on parenting.

See her advice on The Village Facebook group where she is the co-founder. She is a mother of 2 young men. She has recently extended her studies to include Ecopsychology & Mindfulness. She is the author of "How to Raise a Man - a modern mother's guide to parenting her teenage son". The ebook is available to buy now.

[Click here for Megan's website](#)

[Click here to buy Megan's book](#)

This well-known course by psychologist, Megan de Beyer, returns to BISHOPS in MAY. Since being launched at Bishops in 2002 it has travelled to every Independent Boys school in SA, several times to San Francisco, Australia & the UK where it has inspired thousands of mothers. "A mother wishes to have a connected, meaningful relationship with her teenage son that allows him autonomy, independence and maleness," says Megan, founder of the course.

This programme offers a chance for you to talk to experts, other mothers & the BSU to discuss the impacts of the lockdown on your son.

7 x ONE HOUR online sessions and includes a workbook. Cost R1,500, a medical aid statement can be issued. Split payment accepted and Paypal available.

Closing date for registration and payment:
23 April 2021

For more information contact:

E-mail: Jeandre at jgabriels@bishops.org.za or call BSU Bishops (021) 659 1010 or (021) 659 1000.

For course content enquiries contact megan on howtoraiseaman@gmail.com

Telepsychology statements available for Medical Aid claims




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