

STUDY SKILLS HOLIDAY COURSE

for Grades 8-12



STUDY
FOR
SUCCESS

Does your teenager feel unmotivated to work, read over notes once while studying, underperform, struggle with time management, get overly stressed at exam time or battle to finish exams? Then this is the right course!

The course modules include: goal-setting, time management, effective study methods, stress management and exam technique.

WHAT MAKES THIS COURSE UNIQUE?

The students learn by doing. They put each skill into practice during the course sessions.

The course is limited to 16 students. The small group format allows for students to share their tips and motivate each other.

A practical study session is held during the term. Students use the skills they've learnt to study for a test.

There is a review session at the end of the term. Students review the goals they set and the student who achieves the most goals wins a prize.

Parents are invited to an information evening. They will learn how to support their teenagers academically.

COURSE DATES 11 July-13 July 9:00-11:30am

PRACTICAL STUDY SESSION Monday 23 July 5:00-6:30pm

REVIEW SESSION Thursday 4 October 2:00-3:30pm

VENUE Rondebosch Boys' High School, Room 63

COST R1950.00 per participant for the five sessions

"This is the first direct, useful and practical help we've come across in all the years of searching".

Parent of a student who attended the course

BOOK EARLY AS PLACES ARE LIMITED!



gill molteno
EDUCATIONAL • PSYCHOLOGIST

— ABOUT THE FACILITATOR —

Gill Molteno is an educational psychologist with a private practice in Rondebosch.

She offers individual study skills sessions, and counselling for children and teenagers.

Email Gill to book a place: info@gillmolteno.com

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